

LSCI Useful Phrases:

Surface Management to Support Drain Off :

- Let's go for a walk
- Can I assist you some way?
- Can you help me.... Move a box, run an errand, staple papers etc.

To Facilitate Drain Off :

- (To drain off a younger child) I know your are sad right now, we'll make this better.
- I would like to help you out..
- I see you are trying to get yourself under control.
- We are going to look at (or into) this.
- It is understandable that you are angry.
- It is natural that you would fee mad.
- I see that you are mad – thank you for staying in control.
- I can see that you are mad – what one problem can we talk about now.

To Facilitate Timeline :

- Thank you for calming down,...Sitting down, tell me what happened.
- Help me understand... what happened before... where? Who was involved? And then...
- I would like to know more...
- That is really impressive hearing you owning your behavior.
- I can hear your angry words, but I have now idea where that anger is coming from... can you help me understand.
- REPEAT, ASK QUESTIONS

Insight Statements :

- When you say to kids...(you want to suck blood) what do you think they were going to do?
- I hear you saying you don't care, but let me share with you what you do care about.
- So when this comes up tomorrow, (next time)... what do you think is going to happen if your behavior is...
- Are you really surprised that you got in trouble?
- Who are you really mad at, and who got all of your anger
- Do you recognize the time that you did stay in control.
- A mistake does not make a person worthless
- Are you telling me you were really trying to... (make friends)
- I know your upset, but the next time_____ asks you to do something, you will know what will happen.