

# Talking Points for LSCI Presentation

1. LSCI is a verbal process. It's a *structured conversation* in which the adult is attempting to use a problem situation as a opportunity for a youth to gain insight into their self-defeating pattern of thinking and behaving.
2. LSCI provides a 6 stage “roadmap” for engaging students in a non-threatening and supportive manner. This roadmap keeps the adult focused on the goals of the meeting, and provides for a clear beginning and exit strategy. The structured format keeps the discussion goal oriented.
3. LSCI is meant to be a brief “on the hoof” counseling technique so that the youth can be returned to the classroom or activity as soon as possible.
4. The goals of an LSCI are to:
  - Sooth, comfort, and support their feelings
  - Listen and allow the youth to share their version of the event
  - Help clarify their role and give some insight into what happened.
  - Determine the skill(s) the youth may need to avoid this problem.
  - Re-integrate the youth and plan for the next time with colleagues.
5. LSCI changes our language when problems/crisis arise. LSCI provides consistent, verbal strategies when we encounter a youth's provocative, distorted, and aggressive comments.
6. LSCI teaches verbal reclaiming interventions for youth who:
  - Respond explosively to a normal request
  - Misperceive events and/or the intentions of others.
  - Lack social skills to successfully manage peer interactions.
  - Show little remorse for aggressive, abusive, or bullying behavior.
  - Are self-abusive due to feelings of hopelessness.
  - Get involved in unhealthy/unhelpful peer relationships.